

COMPUTER SIJINNABASINGGI HAKSHEL GI DAMAK KHANGJIN-GADABA

Nongmada ngaihak pungja khara computer sijinnabasinggi oinadi hakchangda sokkani haibagi thoidokna mipainingai leite; adum oinamak, chang naina amasung numit khudinggi matam sangna computer gi mamangda famduna thabak suribasinggidi hakchangda soklakpa yabagi oithokpa yaba kayamuk lei haibasi pumnamakna yanaraba wafam oire. Maram aduna, computer sijinnabasing amadi makhoigi boss singna “ergonomics” haibasigi maram khangna semdok-sadokpa khara toudragadi mipainingai oirakkani. Ergonomics haibasi Greek “argon” amasung “nomoi” haiba wahei anisidagi lakpani. Masigi wahanthokti mathangsitna “thabak” (work) amasung ‘niyomsing’ (laws) haibani. Thabak suriba meeoisingbu makhoigi hakchang sok-handanaba mawongda designing toubagi bigyan adubu agronomics kou-e haina national pen foundation na fongdokli. Khudam oina, computer sijinnabasinggi ergonomics neinarakpada computer gi table amasung choukri adu kayamna wanghan-gadage, computer kagi mei adu karamba mawongda thamgadage haibanachingba kaya adu neinei. Ngasi wareng asigi pandamsi computer sijinnabasingna makhoigi hakselgi oina khangjinbada kannaba wafam kharadang agronomics ki mityengdagi thamjabani.

Stretching:

Fambagi mawong adu hongdokitana thabak suba adu pung amadagi helloidabani. Khitang sangna famlakpaga toubu yaba kharadi (1). Manglomda ngasinba, (2). Tunglomda ngathaba (3). Khutki pambom ani manglomda karan chansinba, (4). Khuk-u mathakta khut ani thamlaga nak animakta inthokkhiba, (5). Khutsa, khongsa, pambom, ngaklinachingba tingthokpa asi marak marakta toubu kannei.

Leptaba sajal:

Thabak yammi haiduna adum sangna famjinduna thabak khak touroidabani. Marak marakta famfamdagi ngaihak hougatлага chatthok-chatsin touduna sannagadabani. Chaorakna minute 10-20 khudinggi khut, khong, yanglen, ngaknachingba hakchanggi saruksing leng-otpagi sajal machasing leptana sannagadabani.

Fambagi mawong:

US department of lever occupational safety and health administration gi matung inna computer da thabak subasingna makhagi wafam khara asi yangsingadabani haina fongdokli:-

1. Khut, Khudang, Fore-arm gi saruk adu chaorakna leimaigi sarukka (far) chaorakna khambrang chathangadabani (parallel oihangadabani).
2. Kokki saruk adu chap tinghanba natraga manglomda khajik nonthaba yai. Tunglomdadi thektharoidabani. Kokki saruk khal amada (balance) leihangani. Oida natraga yetta peithokpa fatte.
3. Khong animak khongnetfam (foot-base) natraga leimaigi mateng phanghangadabani (support piba).
4. Tingna famba natraga tunglomda khajik ngathage haiba matamda yanglen-gi saruk adu ngakkhatpa ngamba choukri sijinnagadabani. Ngathafam yaodaba choukri, moragumbada pangfam famjillaga suba fatte.

5. Lengjum animak relaxes toubu mawongda leihangani aduga upper-arm gi saruk adu hakchanggi nakal animakta thamnanaba hotnagani.
6. Khuning (elbow) gi saruk adu hakchanglomda naksinna leihan-gani. Konbagi changna 90° dagi 120° gi marakta thamba yai.
7. Famfam adu tunglomda natraga manglomda ngamthaba yade. Faigalgi saruk animak support ningthina amasung tingna thamba ngamgadaba famfam sijinnaba fei.

Monitor:

Monitor adu isagi leifam thokpa fambagi mawong adu kaihandana yangbada mayek sengna ugadaba mafamda thamgadabani. Masigi arappasi chaorakna mitki 50cm dagi 100 cm faobagi marakta oigalli. Mitki mapadagi monitor thamliba mafam adu oi amasung yetta ka henna peithok-halloidabani. Yaribamakhei ngak, mai amasung hakchang gi sarukka mapa channahanba haibadi 0° di thamba fei.

Monitor da adum sangna mit kuptana yengba fatte. Monitor dagisu ngaihak leithoklaga arappa potsingda hek hek yengthokkadabani. Masina mitpu ngaihak potthahanduna mitki strain hanthahanbada mateng pang-e. Mitpu ayamba matamda chotna thamnaba hotnagadabani. Marak marakta mit khaptuna sannaba (blink) yai. Karigumba matamda artificial tears (eye drops) happa yai. Office ki thabakta che suba amasung computer suba animak pullagadi che amuk, computer amuk ngaihak ngaihak sinduna sijinnaba fei. Masina mit nungaihanbada mateng yamna oi.

Computer gi monitor adu mapan-gi mangal changlakfam oiba thong amasung thongnaonachingba hek mayoknana thamlabadi langkhatpagi saruk wangkhatkhiduna mitta yamna sok-halli. Aduga yamna nganba mangal (ka manunggi bulb) nasu hakthengna yeihalloidabani. Mamaida uful waiful thanghalloidabani. Ngamlagadi mitta henna nungaihanba LCD gi monitor gumba sijinnaba fei.

Ka manunggi nungsit:

Matam pumnamakta thabak sufam oiriba computer gi ka aduda asengba amasung tadek tadekpa nungsit fanghangadabani. Manunggi asaba amasung sengdraba nungsit mapanda puthok-hankhiba aduga mapandagi asengba nungsit manungda leptana changhal-laknabagi thourang leigadabani.

Mouse:

Ngasigi computer ayamba GUI (graphical user interface) sijinnarabana thabak surakpa matamda mouse gumba pointing device sing yamna kungna sijnnei. Maram aduna afaba amasung nungaiba mouse sijinnaba fei. Ahongba mouse ama hektamak sijinnaba kannade. Yamna nungaiba, afaba mouse ama leibada sel pammuroidabani. Marak marakta mouse da motsillakpasing sengdokpigadabani.

Keyboard :

Meeoi kharana keyboard sijinnabagi chang hantharabasu DTP operator, Data entry operator gumba meeo kharagidi keyboard sijinnadunata leibanina afaba, ergonomically design touraba keyboard sijinnaba fei. Masisu toina sengdokpagi mathou tai.



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PARTY MEMBERSHIP

Article 14: (a). Changyeng da leiriba meeo singgee changyenggee matam asi tha 6 (taruk) tageena chahi 1 (ama) faoba oigani. Changyengda leiriba meeo adubu party organization na takpi tambigani amasung yengsingani.

(b) changyenggee matam loiraba matung da probationary member adu full membership ta honglakpa yarabra khannagani. Makha tana tambiba yengsinba mathou tarabadi matam sangthaba yai adubu chahi 1 (ama) dagee helloidabani.

(c) changyengda mathou pangthokpa ngamdrabadi membership tagee louthoklagani. Changyengda leiriba meeoidgee full membership ta honglakpa, changyenggee matam sangdokpa natraga changyenggee meesak ama oibadagee louthokpa pumnamak asi mari leinaba party committee gee General membership meeting da khannaduna mathakki party organization gee ayaba yaoduna pangthokkani.

Article 15: changyengda maipaklaba Probationary member adu Bureau gee luchingbagee mamangda Party gee phiral paiduna washak lougani. Numit asidagee mahakpu full member ama oina louragani.



Ningtam lanmeesingna leiru leiruba mafamda semgat sagatpa haibasi ningtam lanmeesinggi thoudangni. Loinanana hakchang fana nada yektana thamnanaba sana khotnaba haibasisu tatna thanaba yadraba amani.

MYANMAR GI AWABADA RPF NA SARUK YARI.

Houkhiba May 2 dagi houraga may 3 gi ayuk phaobada shithkhiba shathiraba tropical cyclone “Nargis” na shok-hankhraba yumthangnariba amasung ichil inao oiriba leibak Myanmargi awaba khudongthiba kayabu RPF amasung masigi lanmee PLA na sharuk yari. Loinana leikhidraba Myanmaree lishing kaya adugidamak condolence pijari.

SPO SEMBADA RPF KI FIREP

Heirok amasung Lilong Chajing da Manipur gi ningtam ihougi puwarida ihan hanba oina Khul, Leikai amasung masagi hak ngakthokchanabagi mingda Manipur Government na Special Police Officer (SPO) haina mingthonba khutlai paiba force ama semnaba yamna kanna hotnari. Masagi hak amasung masabu kanjananabagidamak khutlai pajaba haibasi Manipurgi damaktadi chap charabani amasung meeyam pumbadasu khutlai paihanningbagi wakhal RPF tasu leije. Adubu pairiba khutlasing adu karigidamaktano amasung kadaida khutlasing adu sijinnagadage haibasimadi yamna mayek sengna leihouba tai. Natrabadi maduna henna thok-hanningdaba thoudok-wathok kaya eikhoi ee-maselgi marakta thok-hallakpa yai. Heirok ki wathok asiga mari leinana semkhiba JAC na Heirok ki meeyamna lalhoubu oirabasu sarkargi lanmee oirabasu meeoibagi hakpu matlabadi lemna tokloi, pumnamak thengnagani haiba firep asi oirabadi Patsoi Langjingda India gi lamlou lanmee (IOF) na Nupisinggi ikai-khumnaba manghankhiba amasung meeoibagi hak thugaikhiba, Heirangoithong da Volleyball sannaba yengbasingbu paktaknana hatkhiba, Oinam gi meehat, RIMS ki meehat, Malom gi meehatta Irom Chanu Sharmila na ngasi faoba chara helliba, Monoroma meehatta Manipur nupi khunaina thengnakhiba mathengna amasung atei mafam kayada IOF singna Manipur meeyamgi meeoibagi hakpu thugaikhibasing thengnabada kayagi matik mateng oiramgani? Masina meeyamna khutlai paibagi wahanthok adu mayek sengna India leingakta utpa ngamlamgani.

(Makha page 12 da)

“Eikhoi masel back biting tounagadaba natte. Back biting tounabana marupsinggi career manghalli. Masidi yeknabagi maramda tougadabani.”

IOF ki mee tongba gari ama pumtoi toihankhre- UNLF

May 2: MPA na IOF ki mayokta offensive makha tana chathari haina UNLF ki senior publicity officer Ksh. Yoiheibana thadorakpa cherol amana hari. Cherol asigi matung inna ngarang ayuk pung 6 taba matamda Chandel district ki Joup areada leiba Phairenkot amadi Bengkot khul anigi marakta MPA gi 293 suba Bn. gi akhannaba fighting group amana IOF ki Assam Rifles ki lanmee puba gari ahum lakpada ambush toukhre hairi. Ambush adu chathakhibada mee yamna tongba gari amadi yamna thina amang ata thok-handuna thugaikhre haina makha tana phongdokli. Thoudok aduda AR gi meeo 2 shikhi, 4 na yamna thina shokkhi.

KCP gi kerosene saruk louraroi.

May 2: Govt. gi PDS ki makhada dealer amasung sub-dealer singgi khuthangda meeyamna kerosene hongna phanghannaba KYKL amasung UNLF na paikhatlakpa thourangda KCP na shougatpa oina lup asina louramba kerosene gi saruk louraroi haina lup asigi information and publicity secretary H. Poirei na thokpa cherol amana phongdokkhre.

Mana louba tannagumsi: UNLF

May 10: Minister oiraga meeyamgi eechuplaga onna-teinana yawollupsinggi mayokta aranba wapham phongdaktuna meeyambu lanna lamjingnaba hotnabadi ngamsu ngamloi amadi mahak mashagi mangjaba nattana karisu purakloi. Pukchel shengna meeyamgi yaiphanaba thabak tousi, mana louba tannagumsi haina UNLF ki senior publicity officer Ksh. Yoiheibana pressta thorakpa cherol amana FCS

KCP na bills draft tounaba special committee shemkhre.

May 16: KCP gi politbureau na education, foreigner, culture, religion, civil organization singgi regulation, environmental, corruption thingnabagi maramda bills draft tounaba special committee ama shemkhre haina lup asigi information and public relation department ki secretary Ibungo Ngangomna ngasi press ta thadorakpa cherol amana phongdokkhibani.

SPO GI MATANGDA KYKL,UNLF KI APUNBA FIREP

Yaoshang manunggi thoudokki matungda Heirolk amasung Lilong Chajingda government na lamdamdugi meeyamsing masha ngakthokchanabani haiduna Special Police Officer (SPO) lingkhatnaba loukhatlakhibani thouranggi matangda lalhoulup KYKL amasung UNLF anigi apunba firep ama press ta fongdorakli.

KYKL gi secretary publicity and research, Lanngamba Mangang amasung UNLF ki deputy secretary(organization) N.Ibochou anina punna sahi touduna thadorakpa cherol amana, Heirolkta yaoshang gi thabal chongfamda PREPAK ki mee-oi amana nongmei kaphthorakpadagi mee-oi ahum shikhibani, nupi macha amana mamitta shokpadagi mit animak ubagi panggal mangkhibagidamak nungaitaba fongdokli. Cherol asina hairi, thoudok aduna meihouba makhei shaohankhraba Heirolk ki khunjasingna JAC shemduna asigumba mawong tadaba thabak asigi mayokta changshillakhibani ihou asi lalhoulupsinggi asoiba thoushil thowong amasung makhoigi khutlai paiba cadre singna chattharakpa meeyambu karisu ushittaba thabaksing chumthokpagi tanja amani haina lou-e.

Cherol asina makha tana hairi, yawol ihougi wakhallonda 'meeyamna ishingni, yawolloisingna ngani' hainei. Adubu eikhoi yawollupsinggi khutlai paiba meeoisingna meeyamgi panggalbu ushittaba manba yawol lalhoulupsinggi yemounaba thabak thowongsing hek hek chattharakpa asina meeyamda pennadaba mayam ama leirakpa matam kuire. Handak Heirolk ki khunjasingna chattharakpa ihou asi asumna pendaba leiraklaba asaobadu pokkhairakpani haibasi yaning-e. Adubu fana saoninglabasu asigumba meeyamgi mayokta chattharakpa thabaksingdagi isha ngakthokchanabani haiduna India government dagi khutlai loughani haiba Heirolk amadi Chajing gi JAC singgi hakchinba firep asidi chumde. Masina achumbada yumfam oiramba khunja meeyamgi ihou adu aranba lambida haidok-hankhre. Masigi khudongchabasi louduna Heirolk amadi Chajinggi khunjasingda khutlai pishillaga lalhoulupsinggi namthabada shijinnagani haiba thousil asi India government na kanna inshillakhibani. Loinana asigumba loilam leingakki thousil asi chief minister amasung director general of police nasu handakti lalhoulupsinggi khangganido haibagi matagum makhoul pongna laothorakhibani.

Heirolk khunjasingna mathong huktaba khutlai paibasingdagi isha ngakthokchanaba JAC na khutlai piyu haijaruba adugi onna teinabada India government amadi chief minister nadi makhoibu lalhoulupsinggi namthabada oina shijinnagadoue haibasi mayek shenglakhibani. Wafam asina India gi loilam leingaktadi meeyamgi punshi mammal karisu leite haibasi utthokchei. Fivam asi khanglakpadagi Heirolk ki khunjasingna makhoibu lalhoulupsinggi namthabada shijinnagadaba oirabadi government ki khutlai loubagi wafam amuk hanna khannakhini haina JAC na laothorakhibasi wakhal taba firepni haina cherol asina hairi.

Amaromda khutlai paibasingna meecham meeyamgi punsi shingnarakpadagi masha ngakthokchanaba khutlai paibagi firep lourakpa aduga amaromdana India government na khutlai piraga makhoibu lalhoulupsinggi namthabada shijinnabasau yaro haiba Heirolk JAC gi firep asi meeyam punna loughadaba achumba firep adumakni. Asumna khutlai paibasingna meeyamgi punsida shingnarakpasu thengnagani amadi India government na makhoibu lalhoulupsinggi namthabada shijinnabasau yaro haiba firep asi Manipur apunbagi oina ichang thoubala lamjing ama oiragani haina cherol asina makha tari.

SPO thamba thabak asi changshillakpada maduna oihallkkadaba fivamgi matangdasu cherol asina wafam khara fongdorakli. Cherol asina hairi, India gi lallongdi yaribamakhei makhoigi lanmee shijinnadana eikhoi mashel hatnahallaga eikhoigi ningtam lalhoulupsinggi asi namthanabani. Maram aduna khunjasingna nongmei paihallaga thamgadaba SPO sing asi lalhoulupsinggi namthabada shijinnagani haibasi fongnasu laothokte. Makhoi na masi fongna laothoraktabagi maru oiba maramdi Heirolk amasung Chajinggi thoudok asina model ama oihanduna mafam atei khunjasingnasu khutlai piyu haina laohallaknabani. Aduna ningtam lalhoulupsinggi namthanaba chattharakliba India gi lallong asidadi mashel hatnahanba haibasi khwaidagi maru oiba machak amani. Karigumba India government na peisha thadaraklabasu, lambi thong shemlabasu, pot-chei hongna fanghallabasu maduna meeyamgi punsibu mantiknaduna lalhoulupsinggi namthabada yaohannaba thourangni haibasi meeyamna khangbiyu.

(Makha mathang chefongda)

RPG-7 antitank grenade launcher (USSR/Russia)

RPG-7 asi hannagi RPG-2 (antitank grenade launcher) adudagi semgatlakpa (phagat-hallaba) khutlaini. Masigi khwaidagi ihan hanba mawong adu RPG-7V haina khangnei, masi 1961 da Soviet army da sijinnaba houkhi, houjik phaoba lanpham kayada paksanna Russia amadi leibak 50 henbana sijinnari. Masigi matungda RPG-7D (airborne troops ki sijinnanaba makhal) puthok pushin natraga airdrop toubana nungainabagidamak sidok sijin yaba mawongda Russia na semdokkhi. RPG-7 asi ahanbada anti-armor weapon oina sijinnanaba khutlaini haina lounarammi, adubu konna masi atei atoppa mission singda fire-support tounaba sijinnaba houdokkhirammi.

RPG-7 lengjumda thamduna kappa, amuraktamak-kappa, sitnanba nali panba nongmei utonggum oiba kaphthokkhibani khutlai makhal amani. Masigi maru (grenade) happada manglomdagi happi, amasung maning thangba nongmei nali/utong gi saruk adu venturi nozzle happi. Maramdi khutlai asi recoilless oiba mawong oiba, maning thangba maigeiromda kapliba meeo adudagi yamdrabada 20 meters natraga 60 ft ki arappa phaoba yamna khudong thiningai oi. Masigi grenade asigi mawong asi yamna ningthina semlaba 10-20 meters phaobada khudong thiningai oiroidaba makhalgi smokeless powder RCL makhal asi sijinnei, karigumba grenade aduna saphagadaba arappa mapham chaorakna 10-20 meters youkhrabadi, rocket booster adu chackthektuna grenade adugi khongjel adu amuk yangkhat-halli, thoidok hendokna khongjel hengat-handuna effective range adu hengat-halli. Masigi kappa ngambagi arappa asi hengatlapana maram oiduna RPG-7 asi ayambana 2.7X ki fixed toubana magnification optical sight, PGO-7 haiba telescope makhal asi happi. Pandampham adu phangnaba scale toubagi mawong asi typical target (tank) ki awangba 2.7m/9ft ki changchatta scale tou-e amadi windage oiba semdoksemjin toubana mawongni. Masigi asoiba/yadaba matamda sijinnanaba iron sights su happi. RPG-7 asi mechanical ignition system (machine gi oiba thouongda chak-hanba) ga loinana external hammer manually cocked toubana yaba oi, amasung amuraktamak mathou toubana mawonggi trigger oi. Maramdi, grenade adu soidana chap chana happa matamda firing mechanism aduda pareng amattada leiba ngamnanabani.

RPG-7 asi yamna chammi amasung masi shel yamna changba khutlaini, adubu masina atoppa makhal makhalgi shaktam kaya loubana ngammi. Masi tasengna mee amattagi oiba yamna senglaba achouba khutlai makhal ama oiri.

Mawong matou:

Caliber (Nongmei utonggi araobagi changjou)	40 mm launcher				
Grenade (maru pokkhainaba bomb)	40 amadi 70 dagi 105 mm gi warheads (grenade adugi makha polli)				
Overall length (Khutlaigi mapung oiba asangba)	650 mm				
Weight (Arumba)	6.3 kg (maru yaodana), PGO-7 telescope sight yaoraga				
Effective range (kappada sokpa yabagi arappa)	200-500 meters (grenade ki makhal adugi makha polli)				
RPG-7 (Soviet/Russian origin sing) da sijinnaba grenade makhalsing khara:					
Makhal	PG-7V	PG-7VL	PG-7VR	TBG-7V	OG-7V
Adoption toubana chahi	1961	1977	1988	1988	1999
Warhead/caliber	85 mm	93 mm	64/105 mm	105 mm	40 mm
Weight (arumba)	2.2 kg.	2.6 kg.	4.5 kg.	4.5 kg.	2.0 kg.
Effective range (sokhanba ngamba arappa)	500 meters	500 meters	200 meters	200 meters	350 meters
Armor penetration (phaodattuna chatpa ngamba)	260 mm	500 mm	ERA+600-700 mm		

Lanjang asiga natraga iramdami oiriba fivam - Houkhraba, houjikki natra tungda lakpa yaba fivamsingda yumfam oiba wareng-seirang nachingba thabiraknaba AED maikaidagi haijari.

Mamanggi chephongda hangkhiba wahang: Manipur gi khwaidagi sangba lambi (NH) adu karino amadi magi asangbana kayano?

Paokhum: National highway no.39. Moreh to Mao. Asangba 318.582Km

(Ngasigi wahang makhagi bar da)

YLK na champion oikhre.

May 2: Shawombung Students Club, shawombung na sinduna club asigi ground da houkhiba April 18 dagi team 12 na sharuk yaduna chatharakkhiba marisuba inter shawombung invitation football tournament 2008 ki champion YLK Chingarel Teipur na oikhre. Runners up na SSYC Sairemna takhre.

YVOC na winner oikhre.

May 2: Top chingtha United development organization (TUDO) Yairipokna sinduna chatharakkhiba marishuba Th. Shyamkumar deputy speaker nine a side football tournament 2008 ki winner YVOC na oikhre.

Arambai amadi pana shagol kangjei exhibition utkhre.

May 3: Manipur Horse riding and Polo Association amadi All Manipur Arambai Association anina sinduna ngashi Imphal Pologround da Arambai amadi shagol kangjei exhibition match ama utkhre. Exhibition asi maru oina photo journalist Raghubir Raina numit 5 nigi oiba Manipur khongchatki manung channa utkhibani.

Manipurna sub-junior title loukhre.

May 11: Assamgi Dipu da chatharakkhiba marisuba chahi 17 makhagi nupimachagi National Football Championship ki champion Manipurna oikhre. Runners up na mamanggi champion Orissa na takhre. Ngashi shannakhiba final match ta Manipurna Orissa bu goal 2-0 da maithiba piramduna champion oikhibani.

Romi Thingujamna Mister India tarakle.

May 11: Romi Thingujam na mahakki aniraksuba oina Mister India gi title phanglakle. Romi Pheijaleitong, Thongju Part-2 da leiba Thingujam Gokulchand Singh amadi Memcha Devi anigi anisuba machanupani. Houjik houjik Indian Navy gi Mumbai posting da leibani. Chatliba chahi asigi March 30 da Utter Pradesh ki Merut ta pangthokkhiba senior mister India gi kg. 65 ki kanglupta gold medal phanglaktuna thangna-thangnana mister India gi title anirak louba ngamlakhibani.

Ching-Tam na Koijam Yaima veteran football tournament ki winner oikhre.

May 11: Eleven Star Sporting Union Akampatna sinduna April tang 23 dagi team 12 na saruk yaduna Union asigi ground da chatharakkhiba ahumshuba cash prize Koijam Yaima memorial veteran football tournament 2008 ki champion Ching-Tam Chingmeirong na oikhre. Runners up na FVWA Mapal Kangjeibung na takhre.

Imphal West na overall team champion oikhre.

May 14: Manipur Amateur Boxing Association na sinduna chatharakkhiba state level 16 suba sub-junior boys, second sub-junior girls, 19 suba junior boys, 21 suba senior men amasung 8 suba women open boxing championship 2008 ki overall team champion Imphal west (a) na point 103 phangduna takhre. Overall runners up team na Bishnupur district (a) na point 65 phangduna oikhre.

Nadal na marisuba Barcelona open gi title loukhre.

May 5: Refael Nadal na magi fellow Spaniard David Ferrer bu 6-1 4-6, 6-1 da maithiba piramlaga thangna-thangnana marirak suba oina Barcelona Open gi title louba ngamkhre.

Djokovic na Rome final mai pakhre.

May 11: Novak Djokovic na unseeded Stanislas Wawrinka bu 4-6, 6-3, 6-3 da maithiba piramlaga Rome Masters gi title loukhre. Djokovic houjik world ranking gi third rank ta leiri. Houkhiba January thada Australian Open mai paktuna ahanba Grand Slam title phangkhrabani.



Bradley na WBC gi tittle loukhre.

May. 12 Timothy Bradley na Junior Witter bu taruksuba round da knockdown touduna WBC gi light - Welter weight ki title loukhre.



Nupa amana Bangkok ki shopping mall amagi mamangda beer koutana saba UEFA Champion leak trophy bu yengba, Beer koutana saba achouba trophy asi beer kouta 5,000 na sabani.

Argentina FIFA ranking gi makokta leiri.

May 7: Argentina na FIFA gi world soccer ranking da khwaidagi makok oiduna adumak leiba ngamkhre. Hannagi top ten gi manung chanba leibaksing adumak ngasi FIFA na phongkhiba world ranking aduda adumak leiri. Argentina na Brazil dagi point 2 henduna ranking asida ahanba oiba ngamli. Italy na ahumsuba, Spain na marisuba, Germany na mangasuba, Czech Republic na taruksuba, France na taretsuba, Greece na nipalsuba, Portugal na mapalsuba amadi Netherlands na 10 suba position da leiri.

Manchester United na Premier League ki title loukhre.

May 11: Manchester United na Wigan bu 2-0 da maithiba piramlaga Sunday numitta 17 suba English Premier League ki title loukhre. Title asi Man United na 17 lak pangthokpa championship ta10 rak suba loubu title ni.

German Open gi title Safina na loukhre.

May 11: Dina Safina na ninth rank Elena Dementieva bu 3-6, 6-2, 6-2 da maithiba piramlaga German open gi title loukhre. Chahi 22 da ngairibi Russian, 17 suba ranking da leibi asina No.1 rank ta leiba Justine Henin amadi No.8 ta leibi Serena Williams bu maithiba piramkhi.

PROPAGANDA

(Issue no. 7 gi makha)

ELECTRONIC MEDIA PROPAGANDA

Radio:-

Radio da e-pao, waram hirsing pathoktuna, wari lithoktuna sandokna mamut tana meeyamda khanghanabagidamak Radio gi channel khuthangda sandoktuna Propaganda toubu asi chatnei. Masibu Radio Propaganda kou-e.

Television:-

T.V da uttuna uhanduna Propaganda toubu asisu chatnei. Aduna T.V gi khutthangda channel da Propaganda toubu asi Television Propaganda kou-e. T.V, Radio, Cinema, Drama da Propaganda toubasina lairik heijadaba meeyamdasu gyan tahanba ngamhalli.

Visual:-

Masi Cinema, oina utthoktuna wari adu fongdoktuna Propaganda toubagi chatnabisini. Masibu Visual Propaganda kou-e. Masi ayambana Cinema oina tou-e.

Platform Body Acting Propaganda:-

Eikhoina Drama, Lila, Mime(matou tamba), Ballet oina sannaraga haibadi drama oina hakchangna acting touduna Art Form amada Platform amada meeyambu gyan tahannaba utthokpa Body Acting Art adubu Plateform Acting Propaganda kou-e. Masi lila, drama da praman touraga hakchanggi heisingba Art na Acting touduna utthoktuna Propaganda tou-e.

Masi Drama Hall, Street Corner da Plateform saraga nattraga Mobile oina koichat chattuna Drama, lila oina utlaga eikhoina fongdokningliba hainingliba Theme adu Drama oina sannaduna Act touduna Propaganda oina meeyamda fongdoktuna utli. Aduna masibu Platform Body Acting Propaganda kou-e.

Meeting, Convention Propaganda:-

Meeting, Convention Propaganda haibadi meeyamgi meefam oiba thouramsingda Propaganda tougadouriba Theme adu wa-oina ngangduna meeyamda utthokpa fongdokpa adubuni. Street Corner Meeting, Convention, Mobile Meeting, Mobile Publicity chattuna wa nganglaga fongdokpa Propaganda adubu Meeting, Convention Popaganda kou-e.

Rational and Emotional Element in Propaganda:-

Propaganda haibashi Party, Organization amana makhoigi touriba thabak thouram, wakhallon, pandam, adu meeyamda gyan tahanba, khanghanba, loushing piba, mashak takpa, upta, amadi laothokpa, fongdokpa touduna gyan tahanba adubuni.

Aduna meeyamda karigumba maram ama Propaganda toubasi touriba Propaganda adu meeyamna paruraga, yengluraga, ururaga meeyamgi pukningbu Emotion oina, Sentiment oina chingsinduna wakhal anouba ama faohanbasini. Aduna Propaganda gi yamna maru oiba nunggi pandamdi meeyambu Emotion, Sentiment oihanba aduga meeyambu bhap tahanbagi Rational(wakhal khanba ngamba) oiba wakhal lousing pok-hanbasini. Maram aduna Propaganda haibasi kanagumba

Government nattraga Party, Organization amana nunggi wakhallon, waram, thabak thouramsing meeyamda fongdokliba adu meeyamna paruraga neinaruraga madu meeyamgi pukningda thuk laobaga loinana ihul ithil faohanbasini. Masi meeyamda Emotion ama sagattuna Party bu nungsiba, pamhanba, yaohanningba faohanbasini. Aduna meeyamna paruraga neinaruraga pukning ihul amaga loinana wakhal khanduna bhap tarakpa haibasi Propaganda gi gunnani.

Khudam oina hairabada Party. Organization amana Propaganda toubu matamda meeyamgi pukning chingsinnaba Emotion oinaba Rational(wakhal khanba ngamba) oinaba toubu chang-e. Masigi khudamdi Party gi Pressnote, Pamphlet, Leaflet paruraga meeyamgi pukningda karigumba ama faoduna Party bu nungsiba faonaba, pamhanba, yaohanningba, mateng piningba faohanba asi chang-e.

Propaganda na meeyamga afaba mari thamnaba, Propaganda adu paruraga meeyamgi pukningbu humduna wakhal honghanba ngamba, Party bu mapanggal kankhat-hanba ngamnabagidamak, meeyamgi wakhalbu Party da mai onshillaknaba bhap tahannaba Rational, Emotion oihannabagidamak Technique kaya sijinnaduna Propaganda toubu chang-e. Maram asina Pressnote, Publicity thokpapada yamna anouba mawongda Sophisticate oiba Propaganda khuttou chang-e.

Propaganda asigi gunda anouba wakhal olhanduna bhap tahanbagi gun chenba aduga meeyamgi wakhalbu Rational oina humduna Party romda chingsinduna aduga meeyamgi afaba mari sembani machak ama changba adubu Rational and Emotional Element Propaganda kou-e.

Propaganda and Political Warfare at International Politics:-

Propaganda haibasi malemda thainadagi houna Political Warfare, Military Warfare, Economic Warfare hairiba makhal kayasida sijinnaduna lak-e. Aduga iroinana Propaganda haibasi malemgi leibak amagi government nattraga Revolutionary Party, Organization singnasu Propaganda haiba machine instrument asi lalong kayada sijinnei amadi houjiku sijinnari. Propaganda haiba khutlaisi government nattraga Party, Organization amada yaodaba yadaba machak ama oi. Leibak ama Party amagi mapanggal kalhan-ge malemgi meeyamgi afaba mari thamge hairabadi Propaganda haibasigi maya asi yamna thoubu tai.

Adubu yamna maru oibadi Propaganda haibasi International Politics ta Military Armed Propaganda, War Propaganda, Political Ideological Propaganda, Economic Development Propaganda hairiba hiram asida maru oina henna sijinnei. Khudam oina leibak amadi Military gi mapanggal lal toubu ngambagi sakti khutlaigi shakti Propaganda touduna Military Warfare Propaganda oina utthokpa.

Adubu Propaganda machine asi malemda leiriba leibak kayana amadi Revolutionary Organization kayana Political Warfare oiba amadi Military Warfare gi lamda ayamba oina toina sijinnei. (Makha mathanggi chephongda)

DIVIDE AND RULE AMASUNG HEIROK KI THOUDOK

Malemsida thainadagi houna leirakliba leibaksingsi ningthina leingaktuna hingba ngamnaba tongan tonganba thousil thouram kaya ama semduna chana chanaba mafam amadi matamda sijinnei. Hairiba thousil thourangsingsigi manungda 'Divide and Rule' gi thousilsisu amani. Roman singna ihan hanna thousilsu (divide and rule) Europe ta sijinnaduna magi pak chaoraba Empire bu ningthina ngak senba ngamlammi. Matamdugi maruoiba devide and rule gi saktamdi lon mannadaba furupsinggi marakta Roman singna thousilsu loukhatpani. Khudam oina hairabada French lon ngangba Roman gi lanmeesingbuna Germany da tharammi; aduga German lon ngangba Roman lanmeesingbuna France natraga atoppa lon mannadaba mafamsingda thaduna Roman Empire bu ningthina ngak sellammi. Roman singgi matungda amuk Austria-Hungary gi chancellor oiramba Matternich na Europe ta 'divide and rule' gi thousilsu mai pakna chattharammi. Thousilsu malem sinba thungna mai pakna sijinnakhiba leibak adudi Britain ni. British singna loukhatliba divide and rule gi anouba sakloni, makhoigi loilam oiriba leibak aduda khundariba tongan tonganba apunbagi mapangal sonthahanbani. British singdagi mayangsingna tamhouba amatta ngairaba masak thokpa ama hairabadi divide and rule haiba thousilsini. India na thousilsu maning-makha tambagi lal houriba magi state singda yamna ningthina chang chang laona houjik houjikmak sijinnari. Divide and rule gi policy si mapung fana sijinnaba yanaba India govt. gi Ministry of Home Affair ki makhada union minister amagi thakta academician amana luchinghanduna Manipur da leiriba kanglup maselsinggi marakta khaibung khaibung tahannaba thourang kaya mathang mathang paikhattuna lakli. Thourangsingsigi manungda kharadang makhada piri.

1. District Council gi oiba raj-nitigi thousil.
2. Greater Nagaland gi issue sida India govt. gi mayek sengdaba thourang.
3. Chinggi Armed gang kangbu kayabu lalhoubu oina sak khangduna lal houbagi khongchatta chamamnahanba.
4. Manipur da leiriba asonba amasung machet yamna thokpa lal-houbasingbu govt. na peisa natraga khutlai piduna mathong maram khangdana hatnaba amasung meeyamgi mayokta toubu thabaksingda nakoinana mateng pangsinduna yawol khongchatta khurou thanganbata nattana ee-masel marakta nungsinahandabasini.

Mathakta piribasingdagi top toppa saktam amasu uba fanglakli. Indian Army amasung Police ta Manipuri macha yamna khanjinduna makhoisingi amuk counter insurgency operation da sijinnarakpasini. Mamang chahida Kakching Khunou gi Umathel da lalhoubasingna toukhiba attack adugi matung tarakpada, khunduda Manipuri macha ngakta yaoba lanmeesingna meeyamsingbu ot-neibagi thabak tourakpa asini. Amaromdana Police commando na fabu farabadi

lalhoubani natraga mateng pangbani haijinduna panghatta hatpaci chatnabi ama sandorakli. Maram kharasina Police amasung army da yaoba meesing amasung makhoigi imung manungga lalhoubu yaoriba meei amasung makhoigi imung manungsinggi marakta nungainadabagi changsu hengatlak-e. Lalhoubagi makhutta leikhidraha imunggi meebu Police ta thabak piduna ee- marakta hatnahannabagi mathou hapli. Adum oinamak meeyambu fongna lalhoubasinggi mayokta government na fongna khutlai oina sijinnabadi chahi kaya ngamdaduna lakli. Adubu ikhang khanghoudana laibak thiba thoudok kharadagi Heirol amasung Lillong Chajing gi meeyamsingbu government na lalhoubasing gi mayokta khutlai oina sijinnabadi khudong chabadu fangkhre.

Heirolta thokkhiba thoudokki asamba warol:-

March ki tang 24 ing 2008 ki ningthoukaba numitki numidang pung 10.30 rom tabada Heirol part II Laikon maning gi thabal chongfamdada thokkhiba tamthiraba nongmei kappagi thoudok amada Th. Promila devi, L. Nirmala Devi, Th. Romesh singh koubu mee-oi ahum hatkhirammi aduga Rebika koubi amabuna sathina sokkhi. Leikhidraha amasung leikhidrabisingi aroiba mathou mangam asi ayuk Heirol part-I Leikon mamangda leiba turel torbanda dharna gi chatnabiga loinana aroiba mathou mangam March ki date 28 ta pangthoklammi.

Thoudoksibu yaningdaduna loukhatlakpa Heirol prajasinggi ahanba khongthang:

1. Meehat adugi hakthengnana chennariba Heirol ta leiba PREPAK ki cadre singgi mayum thudekpa
2. Joint Action Committee Against the Brutal killing of the Th. Promila, L. Nirmala, Th. Romesh and Seriously injure of the Rebika koubu ama semduna thoudok asiga mari leinaba pumnamak anouba committee sigi ayabagi matung inna changsinba.
3. Pot-loiba numitta meeyamgi meefam pangthoktuna meesisiga mari leinana houriba ihousigi mayokta kanagumba meei amattada atamnana kihanba natraga dhamka touraklabadi khulsida leiriba lalhoubu samnaba imunggi meeoising punna hatpa haina JAC na warep loukhi.
4. Heirol khunbu ima-ibelsingna numidang chuppa meira paiduna sangbada leikaigi club naharolsingna mateng piba.
5. Meehatsiga mari leinana tourakpa meefa meepunda chennaba meei amattagi bail out toudanaba, meei amatta sakhi oihandaba amadi karigumba sakhi oiramlabadi mee-oi adu meeyamna cheirak piba haibasing asini. Makha tana makhoi masabu ngakthokchanaba Heirol meeyamda nongmei pinaba sarkarda wakati.

(Makha mathang chephong da)



TAEKWONDO

Taekwondo haiba game asi masannasinggi manungda khwaidagi henna systematic oiba scientific Korean traditional martial art ni, chumna panggal changyengnaba skill dagi masana asina henna lusilli. Masana asi heinaba tambada hakchang amadi pukninggi oiba thouna hen-gat-handuna punsi gi lambida yamna kannaba piba games makhal oihallak-e.

Taekwondo haiba asimak Korea gi wahei amattadagi thorakpani. 'Tae' haibagi arthadi khongpak, khong natraga khongthang haibani, 'Kwon' haibagi arthana khuttum natraga funaba haibani. 'Do' haibana lambi natraga masana haibani. Wahei matek mayam asi amatta oina punsillaga fangliba wahei mapum adugi arthadi 'way of kicking natraga striking' haibani. Taekwondo gi matangda wakhallon ani tokhai tokhaina khaidoktuna yengba yai. Makhoising adudi hakchanggi khong amasung khut animak niyom chumna control touduna game asigidamak sijinnaba aduga atoppa amana pukning ingna finggattana fighting tounabani.

Malem asibu santi thamba ngamnaba Taekwondo Korea da ngasidagi chahi 5,000 dagi sannaba hourakkhi, ngakthoknabagi akhannaba martial arts 'Subak' natraga 'Taekwon' asi hakchanggi fivam amadi pukning fagatnaba lamdam asigi meeyamna tamnaduna lakli.

Hairiba game asigi contest ta minute anina saba round ahum leigani, round singgi marakta minute amagi pothabagi period pi. Karigumba sannaroi anina ahumsuba round faoba chap mannaba score da leinakhrabadi minute anigi sudden death haina khangnaba marisuba round sannahan-gani. Houjiki Taekwondo asi malemgi Taekwondo federation (WTF) amasung International Teakwa-ndo federation (ITF) haina saruk ani thokna khaidokkhre, aduga WTF na sok 1960 da puthoklakkhiani, aduga WTF ki niyam asina international Olympic committee na sembani. Competition pangthokfam mafam asi meter 14 gi marak mayung oiba contest area ani lei masida intention area su yaore. Elastic na saba fak amana meter 0.5 wangba stage amagi mathakta kupsinduna mawong tana semlaba jagani. Masana asigi tournament da saruk yagadaba sannaroisingda dobok haina khangnaba Taekwondo gi fijol amasung WTF na masak khanglaba ngakthoknabagi khutlaising ningthina setchaduna amadi upsingadabani. Khatnafam jaga changdringeida sannaroisingna upsingadaba khulaisingdi trunk protector, head protector, for arm amasung sin guard (masidi Taekwondo uniform gi maungda sijinnagadabani) ni.

Sannaroi anina yamna naksinnaringei matamda kin thinnaba yai, khujenggi sarugi makha thangbada leiriba khongpakki saruksing kicking technique singda sijinnaba yai. Kin amasung khonggi technique sijinnaduna trunk protector na kupsilliba mafamsinda attack toubasu yai. Protector na kupsindaba

tungthangba hakchang gi saruksingda attack toubadi yade. Khong natraga atoppa body gi sarukna kokta attack toubu yade. Niyomna yaraba hakchanggi sarukta sakti leina niyomgi matung inna technique sing sijinnaduna mapa chumna hakchangda hit toukhiba adumak point pigani. Mai pakna kokta attack toubu ngamlabadi sannaroi aduna point 2 pi, trunk da attack touragana point ama pigani, karigumba opponent adu knockout toubu ngamlagana atoppa point amaga hapchillakkani.

Tat touduna opponent da tung onsinba, tusinba, match sannadanaba hotnaba, fajinnaba, konsinba, insinba, khwanggi makha thangba sarukta attack toubu, soktana sokchinnaba, khuna attack toubu amasung khutna opponent gi mamaida

thajinbanachingba amatta yade, karigumba hairibasing asi tourabadi penalty point fanggani. Korea gi puwariga sagonnaraba Taekwondo haiba masana asi ariba matamgi tribal kanglup ahumna makhoigi leibak ngakpada sijinnaba lanmeesingda tambiramba fighting technique sing aduga mari leinei. Maram asimakna martial arts asigi training asi asuk yamna maru oiba bisoi ama oina tamnaramlibase.

Taekwondo asi martial arts ki mawongni, masina meeoibagi panggal sakti hengathalli. Ngasidagi chahi 2,000 gi matamda

leiramba Shilla amasung Koguryo kingdom da Taekwondo asi pak chaona sandoklambagi warising ariba lairiksingda fang-e.

Sok 1955 da Korea gi Taekwondo bu mamut tana heiraba luchingbasinggi meei khutpu amana masanna asibu Korea gi definitive martial arts amani haina malemgi thakta sandoknaba hotnarammi. Sok 1973 da Korea gi sarkana world Taekwondo federation (WTF) bu ainna yaraba body ama oina sakkhangkhre. Loinana chahi asimakta masanna asigi ahanba World Championship pangthokkhi.

Sok 1988 amasung 1992 da Taekwondo asi Olympic games ta demonstration game oina yaokhi. Sok 2000 dagidi masana asi official medal sports oina yaokhre. Asian games ki puwarida Taekwondo asi Korea gi Seoul da sok 1986 ta pangthokkhiba 10 suba Asian games aduda ihan hanna competitive event oina yaokhi.

Masana asi Manipurdasu ing 1980 gi matung oirapna yourakkhivadagi pak sanna sannaba houkhi. India gi manungda sinba championship ayambada Manipur ngasifaobada adumak winner oiri. Samna hairabada ngasifaobada masana asida Manipur bu namthibinaba atoppa state thoraktri. Manipur macha singna masana asida International gi thakta faoba Indiagi mahut sinduna sanari.

LINNA CHIKPAGI LAIYENG

Chahi khudinggi mee yamna linna chik-e. Adubu mee sibagi masingdi yamde. Lin ayamba mahu puba lin natte. Mahu puba lin faoba mahu pak hek kamsinba natte. Houjikti chaokhatlakpagi matung inna hidakki laiyengna linna chikpa ayamba yengba ngamle. Yamna sathiba mahu puba linna chikpada mee adu second da minute ta siba natte, pung kaya chang-e.

Mahu puba linsing:-

Lin makhal asi ayambana tropical leibaksingda fang-e. UK dana viper (or Adder) asi poisonous oi. USA dana Rattlesnakes, Africa dana atei Viper makhalsing fang-e. Kharou (Cobra) amasung Tanglei asi Manipur da fang-e. Cobra asi India dasu marang kaina fang-e amasung chahi khudinggi matang matam chana layengdabadagi mee 10,000 gi mathakta chiktuna si.

Linna chikpadagi thoklakpa laiwong:-

Mahu puba linna chikpadagi thoklakpa laiwong asi, mee adugi hakchang fabagi chang mee adugi chahi, mahu gi chang adugi makha polli.

Cobra (kharou) amasung Tanglei na chikpadi makhul ani tai aduga unsa adu makhoina saiba faoba yao-e. Maduna naba faohandabasu yai. Minute 10 dagi pung 8 faobagi manungda nerve ki thabakta akaiba pi. Khudam oina mit pangba ngamlakloi, leiyeng fairakkani, mitna uba pot khudingmak ani, ani thoklakkani. Siramdaida peng choirakkani, sarei

hourakpa yai, aduga tumtharakkani. Mameithangda shor honba yaraktduna sigani.

Viper na chikpadi maya makhul ani unsada tagani. Chikfam aduda saraga nagani aduga khara pomkhatlakkani. Minute 20 gi matungda naba adu hengatlakkani. Mee adu makok ngaorakkani, orakpa yai, taifet tairakkani humang anappi karakkani. Blood pressure tarakkani. Meehul kannu hullakkani. Ising khouranglakkani, kok chiklakpa yai. Hakchanggi mafam ayambada pin na thinbagum chak-chak thinba faorakkani. Ee-gi utongda hu changkhiduna ee-thokpa lepkande. Chikpa mafam adugi ya khuldagi ee- thokpa lepkande. Unsa makhada ee- asiba changba ugani. Ising chatpada ee- thokpa yai. Masina blood pressure hanthahannaba machak amasu oihalli. Aduga chikfam aduda hakchanggi tissue ateisu sihalli.

Linna chikpagi laiyeng :-

Linna chikpa mee khudingmak thuna laiyengbagi mathou tai. Chikkhida mafam adu afaba ising na sengna chamthokpigadabani. Injection tetanus toxoid kapthokpigadoubani. Masina tetanus ki lainadagi kanba ngamgani. Bacteria hatnanaba antibiotics injection oina nattraga tablet oina chaba hougadoubani. Hospital anapada leirabadi, mafam aduda thuna pubiduna anti snake venom thuna kappigadoubani. Asum tourabadi linna chiktuna sidadagi fana yamna kanba ngamgani.

(page 1 gi SPO sembada RPF gi firep gi makha)

RPF na Manipur gi State Force singda khut thadaba haiba policy asigi matung inna Heirol amasung Lilong Chajingda semnanaba hotnariba SPO singda khut thaningaigi maram suklei leite. Adubu Manipur gi DGP na ex-gratia amasung pension fangloidaba, tha amakhak training piraga lupa 3000 tolob chaba, .303 Rifle paigadaba SPO sing asi Counter Insurgency Operation (CI Ops) ta sijinnagani hairiba asina takpadi Heirol amasung Lilong Chajinggi chamjaraba meeyambu ee masel hatnahannabagi lamjingle amasung khutlai afaba pairaba amadi mapung fana lal gi training fanglaba Indian Army singgi ngamu usin oina sijinnanaba hotnare haibasi taseng tasengle. Masi SPO singna amukka henna khangjingadaba wafamni. Adum oinamak Heirol ki JAC na DGP na SPO singbu CI Ops singda sijinnagani haibabu yaningdaba fongdorakliba asimadi RPF na taramna ok-e amasung maduda SPO nasu achetpa firep leihougadabani.

Manipur gi marup mapang oiba yawollupsingda RPF na amukka hanna thamjaningba wafamdi eikhoina houjik changsilliba ireibak iramdanggi ningtam lanjang asida maram chadana meecham hatpa, ot-neiba, meefa-meepun toubu, leibak-khunnaigi chatnalon amasung thougallon ngakna chattaba amasung aranba wakhallonda thabak thouram kaya toubu amasung toukhibasing adu isana yana aranba amasung asoiba thabaksingni haina loujabaga loinana matungda asigumba thabaksing asi amuk hanna toudanaba areppa warep loubagi matam youre haijaning-e. Asigumba asoiba aranbasing asina keidoungeidasu Manipur gi ningtam ihougi khongjang asida achumba khongthang amani haina pusinba yaroi. Masi eikhoina ngasi thengnariba fivam kayasing asina mayek laraba khudamni.

Heirol amasung Lilong Chajinggi meeyamnasu yawolloi kharana aranba amasung asoiba thabak khara touraga meeyamgi ningtam ihou asigi mayokta leiduna yawolloisinggi mayokta thabak toubu amasung IOF singga khutsamnana leiminna haibasi aranba amasung matamsiga chunadaba khongthang amani haina khanggadabani. Maramdi ngasi Manipur da leiriba ihou asi Manipur meeyamgi ningtamnabagi ihouni amasung masi thadokpa yadraba eikhoi Manipur macha khudingmakki senglaba (Genuine oiraba) ithoudang amani. Maram aduna Heirol amasung Lilong Chajinggi meeyamna SPO singda makhoina paigadouriba khutlaising adugi maiwon chumna olhannaba amasung afaba paotak kaya piduna makhoibu yawol ihougi thabakta ayetpa piraktanaba RPF ki maikeidagi amukka hanna paojenjari.

Government na lalhoubu thengnanaba loukhatlakpa khwaidagi noubu thourang Heirol amadi Lilongda nongmei 500 piba yakhre.

May 2: Chahi asigi March 24 da Heirol part two da thabal chonglingda khutlai paiba meei kharana nongmei kappagi thoudokta meei ahum shikhiba amadi April 24 da Lilong chajingda Rabi kouba meei ama hatkhibaga mari leinana mapham adugi meeyamsingna nongmei piyu haina sarkarda takshillakkhiba wapham adu ngasi phamkhiba state cabinet na ayaba pikhre. State cabinet na ayaba pikhiba matung-inna, Heirolki meeyamda .303 rifle 300 aduga Lilong chajinggi meeyamda nongmei 200 pigani. Meeyamsing asi Special police officer (SPO) sing oina recruit tougani hairi. Khallaba SPO sing tha amagi training piba, SPO singda thagi tolop oina lupa lishing 3 piba, khulgi mayada camp hanghanba, Heirolki barrack ahum, Lilong chajingda barrack ani shaba, uniform leihanba, chathok chasingi motorcycle khara piba, amadi thabak ningthina tourabadi police oina lousinba haibanachingba waphamsing asi yanakhre.

Nongmei pibagi warep mathong huktabani : UCM

May 3: Manipur govt. gi cabinet meephanna loukhiba Heirol amasung Lilong chajing da nongmei 300 amadi 200 lalhoubu thengnanaba khangatlaba khunjasingda pigani haiba warep adu mathong huktaba warepni. Maduna Manipur meeyamgi punshibu karisu oina khande haibadu utthokle haina United Committee Manipur (UCM) gi cherol amana fongdokli.

Ukhrul da Shajibu khudol tamba eegi khonggul liba gi thouram pangthokkhre.

May 3: All Manipur Ethnical Socio Cultural Organization (AMESCO) na Ukhrul district ki khulshingda chattuna shajibu khudol tamba eegi khonggul libagi thouram pangthokkhre.

Demand handokpiyu haiduna Manipurgi Auto driver singna wakat meepharm chathakhre.

May 9: Nongmagi khutsumanna hingjariba sinmee auto driver singda organization amattana shelgi demand toubiganu haina ngasi Manipurgi mapham kayada paktaknana wakat meepharm phamkhre. Maru oina ngasi palace compound Hapta Kangjeibungda all Manipur auto owners drivers association na sin-langduna pangthokkhiba association asiga punna chatminnaba atoppa auto union, association amadi society amasung makhoigi imung-manunggi meeoisingga loinana punna achouba wakat meepharm ama pangthokkhi.

Heirolki SPO lounaba changyeng houkhre.

Tangaiphadrabadi CI operation da sijinnagani: DGP

May 5: Heirolki khunjasing gi punshi amadi lan-thumda akaiba pirakpa kayadagi masha ngakthokchanaba Heirolki meeyamda Manipur govt. na special police officer (SPO) 300 louduna nongmei paihannabagi ayaba pikhraba matungda ngasi Heirol Part-two pologround da SPO sing lounaba changyeng pangthokpa houkhre. Loinana SPO sing asi tangaiphadrabadi counter insurgency operation da sijinnagani haina DGP, Y. Joykumar na phongdokkhre. Ngasi ayuk pung 8 dagi houkhiba changyeng aduda SPO asida yaojage haina thoklakpa naha 466 ki physical screening test toubaga loinana qualification certificate sing yengkhe. Screening test aduda qualify oidaba mayambagidamak qualify oiba manaonupana test aduda mayambagi yaorambadagi chamamnaba khara thokhankhi.

Uchekkonda mashak khangdaba changba thingle, nongmei piyudi hairoi.

May 9: Tha asigi tang 7 numidang pung 7.30 rom tabada mayumdagi mashak khangdaba meei anina kouthokkhiba district youth awardee ama Uchekkon patki loubukta tamthina phuraga shiningchitta hundoklambadagi khoisaonaraba meeyamna Uchekkonda mashak khangdaba meei changba numidang pung 8 dagi ayukki pung 5 phaoba thinggani hairi.

Thoudok asigi matangda Uchekkon Moriba thongkhong meira paibina paomeesingda haibada asigumba thoudok asi meeoibagi meenungshigi wangmada chathakhiani masiga mari leinana authority singna sengdokpiyu, Heirol amadi Lilong chajinggi meeyamna nongmei piyu haibagumnadi hairoi haina phongdokkhi.

Lalhoubu nakoinana shougatli haiduna MAFYF ki president Kangleipal phajinkhre.

May 6 ta Lalhoubabu nakoinana shougatli haibagi maralda police na MAFYF (Manipur Forward Youth Front) ki President, Sapamcha Kangleipal phajinkhre. Police na Kangleipalgi mathakta Indian penal court ki section 124 (a) , Punjab security act, 1953 gi section 9 amasung Assam maintenance of public order gi section 8 (b) nachingba section sing panduna phabani. Handak Heirol amasung Lilong chajingda nongmei pibagi matangda MAFYF na phongdokkhiba, meeyamda nongmei pishinduna mashabu ngakchou haibasi Manipur govt. na democracy gi leingaklonbu ijat manghanbani amasung leikha tahanbani amadi sarkar asi meeyamgi punshi amadi lan-thum ngakpa ngamdre haiduna surrender toubani haibanachingba waphamsing adu lalhoubabu nakoinana shougatpani haiduna police na Sapamcha Kangleipalbu ngasi numidang Major khul, Imphal da leiba Manipur press club tagi phakhibani.

May 9 da MAFYF ki president Sapamcha Kangleipal phajinkhibabu yaningdaba uttuna, mahakpu condition amatta yaodana athuba matamda thadok-u haina MAFYF ki volunteer singna chief minister bungalow tamna changsinnaba hotnarubada security personnel singna yamna tamthina phu-cheiduna tankhaikhre.

May 13 da Kangleipal CJM Imphal gi court na PR bond da lupa lising 40 thihaduna thadokluraba matungda police na yamna lujadaba maongda mahakki mathakhta National Security Act panduna amuk hanna phajinkhre. Thouwong asibu yaningdaba phongdoktuna MAFYF na tang 13 gi nongyai pung 12 dagi tang 14 gi nongyai pung 12 phaoba Manipur mapham pumnamakta akanba general strike koukhre.

Shelgi demand da cinema hall sing thong lonkhre.

May 10: Shakhangdaba khutlai paibasinggi shelgi demand nani haiduna Imphal manungda leiba cinema hall sing ngasidagi cinema utpa leptuna thong lonkhre. Shakhangdabasing aduna cinema hall gi mapusingda achouba shelgi demand touraduna shenphamsing asi pidrabadi hall mapusingda khut thagani haina kihallakpadagi thong lonbagi thabak asi chathakhibani.

Indian Army na paomeegi camera mullaga photo muthatkhre.

May 10: Jiribamda base toubpa paomee kangbu amana Jiribam sub-division gi yamna manung hanjinba Barak circle gi Barbakra primary health centergi phibham hakthengnana yengsinba chatpada Barbakra da post hangduna leiba Indian army gi kangbuna ushit thawoidana tourakpaga loinana paomeegi camera munduna photo manghankhre.

Shinmeesingna wakat meephm chathakhre.

May 12: Nongmagi khutshumana hingjariba shinmeesinggi hingbagi hak manghanbiganu haiba dabida ngasi Pheiddinga bazarda Stone Crusher singgi shinmeesingna wakat meephm chathakhre. Manipur gi lalhoulupsingna Awang Sekmai lambiromda leiriba Stone Crusher singda achouba shelgi demand tourakpadagi tha asigi 8 dagi houna stone crusher sing thabak lepkhibadagi mapham aduda thabak shuduna imung-manung pujariba shinmeesing awaba kaya mayoknarakpadagi wakat meephm adu chathakhibani.

Commando na MU gi maheiroi ama makhongda nongmeina kapkhre. MU gi maheiroi Ranjit ta nongmeina kappabu yaningdaba phongdaktuna wakat meephm chathakhre.

May 14: Ngasi nungthil pung 4.30 tabada Uchekkon Laren Pat waiting set ta frisking touduna leiba commando gi kangbu amana MU gi chemistry department da second semester tamliba Thokchom Ranjit (24) apokpa Thokchom Shyamchandra Khurai, Kongpal Kongkham leikaida leibabu khamnaba haibada khara hen-gatna thougatlubagi yet thangba pheiganda nongmeina kapkhre. Nongmeina kapsinduna sok-hankhiba thouwongdu yaningdaba phongdaktuna ngasi MU gi campus yaona tongan-tonganba maphamsingda wakat meephm chathakhre. MU campus ta chathakhiba wakat meephm adu MU gi VC yaona maheiroi 100 romna saruk yakhi. Meephm aduna commando gi thouwong adubu yaningdaba phongdokpaga loinana maral leiba commando adu cheirak piyu, maheiroida hingsha toubpa yaningde haina phongdokkhi.

8 suba IRB commando onnaba lepnakhre.

May 15: SPF govt. gi cabinet meephamna 8 suba IRB bu commando onnaba lepnakhibaga loinana ahenba post 107 lounaba warepnakhre. Ngasi CM gi cabinet secretariat ki hall da phamkhiba meephm aduna 8 suba IRB na commando onba asida chahida punna lupa crore 11.85 rom changgani, shenpham asi state na puthokpa hainasu yanakhre. Khongthang asina Manipurda lalhoubu namthabagi thabakta sijinnaduna ee-mashel hatoknanabagi thourangda henna khumang chaosillaknaba govt. asina hotnari.

April thada police, security force na UG 90 rom phakhi.**Nongmei 25, maru 104 phagatkhi, nongmeina kappada UG 25, meecham mapal shikhi, meecham 7 shokkhi.**

May 14: Houkhiba April thagi manungda Manipurgi tongan-tonganba maphamda thokkhiba nongmei kapnaba amadi pharaba matungda kaptuna hatpa yaona punna UG 25, meecham 9 shikhre, meecham 7 na ashok-apan nangkhre. Police commando amadi security force na thi-humbagi thabak chathabada UG 90 khutlai amadi atei potlam khara phagatpa ngamkhre. Police amadi security force na thi-humbada phagatkhiba UG sing adudi PREPAK 28, KYKL 7, PLA 8, KRA 2, UNLF 5, PULF 22, KCP(MC) 6, KNA 1, KNF 2, HNA 1, KCP 7, NSCN (IM) 1 ni. Nongmeina kaptuna hatkhiba UG sing aduna UG ni chingnaba 4, PREPAK 3, NSCN(K) 3, NSCN(IM) 1, UNLF 3, PULF 5, PLA 1, KLA 1, KCP 3, KRA 1, amadi meecham 9 ni loinana nongmeina panbada shokpana 7 ni.

BSF ki “Operation Bijay” chang naina chatharagani hairi.

May 15: Bishnupur district ki manung chanba Loktak patki maril Pumlén patta ngasidagi BSF ki Operation Bijay chathaba houkhibaga loinana 193 suba battalion na luchingba lanmee 1000 romna pak shanna thiba humbagi thabak chathakhre. Operation aduda thoidokpa meeppha meepun yaokhide adubu Operation di chang naina adum chathagani haina hairi.

Manipurgi Frontal organization khara athingba thamlakpa yana leire.

May 15: State home department na Manipurda leiriba social organization kharagi mathakta athingba thamlakpa yabagi oithokpa leire. Union home ministry na pirakpa instruction gi matung inna state home department na organization kharagi thabak thouramsing thigatnaba khanghankhre. Organization sing asi chourakna 24 rom oiba yana lei hainasu thajaba yaba pao amana hairi. Thigatnaba khan-gatlaba organization sing adu chapchaba haiba ngamdrabas 24 asigi manungda Manipurgi achouba organization khara-UPF, NIPKO, MAFYF, UCM, AMSU, DESAM, MSF, AMUCO, WASHAK, amasung AMKIL soidana yaoba yana leire.

Film Forum na wakat meephm chathakhre.

May 16: Manipurgi cinema hall singda UG kharana puba thangba ngamlodaba shelgi demand tourakle haiduna film gi artist sing yaona ngasi Moirangkhomda leiba Krishna Premi oil pump mamangda wakat meephm ama chathakhre. Meephm aduda festoon amadi placard singda achouba shelgi demand da Manipuri film lep-hanbiganu, film toujaribasing kihanbiganu, Manipuri film mapunshi shanghanbiyu, film toujaribasingda puba thangba ngamlodaba shelgi demand touribasi handok-u, amadi Manipuri filmbu nungshibiyu haibanachingba warolsing thaduna makhoigi aningba apambasing adu phongdokkhi.

UNIVERSITY AMAGI PROFESSOR NI HAINA LOUNAMBA HOUDONG

Mafam amada ahal oiraba hanuba hanubi matei mano leirammi. Makhoigi macha leijaramde, adubu makhoi houdong amaga leiminnarammi. Hanubi adu chak-an Shang thong thakpa yamna changkhollammi. Ayuk khudinggi mahakna ayukta amuk, nungthilda amurak chaba konnanaba sha kharana thonglammi. Matam kharagi tungda houdong aduna athongba sha yamna henjinna chaba pamlaklammi amasung mahakna nungthilgi chara ngaiba ngamlamde. Maram aduna numit yungba khudinggi mahakki mabungo amasung mabemma anina pottharingeida chakkhumda changduna athongba shasingdu chathoklammi. Adudagidi mahakna magi mamai tathoklammi. Lairarabi hanubina amuk hanna numidanggi chara thonglingeida karisu khangjadaba saduna chakkhumgi thongjinda magi sarukkidamak ngairammi. Asumna toubasi hanubana houdongdu huranbani haina chingnabaga loinana mabu fanaba thabak paikhatpa numittu faoba chattharammi. Maram asina hanubana mangak shangba akhuba chafu ama puraklaga hairammi, “chafu asida yen amasung shasingdu thong-u. Numit adugi numityungbada karam chaoba houdongna mahousagum chakkhumda fat changduna chafu adugi manungda magi makok adu thingjinduna haoraba shasingdu chathoklaba matungda mahakna khanglaklammi. Magi makok adu mangak akhuba chafududagi nanthokpa ngamlaroi haibashi. Mahakna chafududagi kanna nanthoknaba hotnaringeida hanuba aduna thuna yangna laoduna changshillaklammi. “Huranba leppu! Nang fattaba houdongni!” Mahakna houdongda chei amana shafu kanna kantharammi. Adubu cheina houdongdadi pandraduna chafuda panduna kairammi. Houdongna chafu mapan-gi akoibadu mangaksamda yanduna mafam adudagi nanthokkhirammi. Houdong adu yamna kirammi maram aduna mathawai hingnaba yum adudagidi mangoanana leiba umang tanna chellammi. Mahakna chenna chenna khungganggi monastery (lamboibasinggi leifam) ama lallammi. Matam aduda monastery da leiba nupa macha singna mabu ubada karemnarammi. Mafam asida lakle professor houdong ngaksamda ningthouna piba shakkhang konggoi huktuna. Makhoigi fagi puba wangang tabada houdongna chap leptuna khallammi. Um ningthouna scholar singbu magun leiba professor ni khangnaba amasung maheiroisingna khangnaba sana machugi fi amamam ngaksamda yannaba pi. Ei houjik lairik ama amasung office ki firal amaga mathou tai. Maram aduna mahakna athengba ahing faoba ngaiduna leirammi. Athengba ahinggi matamda mahakna mayumda hallaktuna hanubi adugi amanba fanek ama amasung hanubigi yamna liraba lairik amaga hurallammi. Huran potsing asiga loinana mahakna umangda chumdringna changkhirammi. Mahakna turel amagi manakta houba makhul laona hoba u-ama thengnarammi, mahakna mafam asida mayum oirage haina leplammi. Hanubigi fanek adu mahakna ashangba chei amada kisinduna u-jaodugi masha amada punshinlaga fanek adu firal gumna nungshitta fara fara paihallammi. Turel adugi chidaigi mafam amada uchek mari gi imung manungsing leirammi. Makhoising adudi lam nganusing, uroksing, pheasant sing(uchek jat ama) kwak singni. Ahanbada houdong na makhoigi yumlonnaba oina yourakpada makhoibu yamna nungaihallamde, tou-e-

gumbasung firalggi machu adu ubada makhoina makhoigi marakta leiriba magun leiba professor da ikai khumnaningba faorammi. Makhoina numit kharanidi houdongbu cheksinna yengsinduna makhoi chekshillammi. Houdong na makhong karan chanlaga u-adugi makhongda ikai khumnaraba, houna lonchat khangba mawongda tousinnaduna pung kayamarum famlammi amasung hanubadagi hurallakpa ariba lairik-tu touthinnaduna parammi. Houdongna paribadu ucheksingna karisu khanglamde adubu magi sur naina paba tabada mabu tasengba professor amani haina thajarammi. Lam nganuna ihan hanna makhoigi amatta pokchaba macha nupadu houdonggi maheiroi oinaba thaduna houdongbu thajaba utlammi amasung atoppa imungsingsu magi matung innaraklammi. Houdongna u-jaogi khwaidagi awangba masasingda kwakta, mathanggi masadana pheasant, mathanggi masadana urok amasung khwaidagi makha thangba masadana lam nganuda, makhoigi quarter sing oinaba pirammi. Numit nini humni class touraba matungda houdongna apikpa lam- nganuda hairammi. Uchek naha nang asi eina afaba maheiroi ama oinaba khalle, maram asina nahakki professional subject kidamak hidak chagadabani. Ngasigi ahing asida nahak eigi kada lak-u amasung eina nangbu akhannaba parasing tambigani. Lairaba apikpa nganudu ahingduda magi professor gi kada chatlammi amasung mahakpu khudakta houdongna chathoklammi. Mathanggi ayukta houdongna laothoklammi madudi nganudu medical gi mahei tambada yamna changkhonba maheiroi oiramle, maram asina mahakpu mahakki thabakki lam oina hidak shemnaba mana mashing amasung maru marang khomjinnaba thakhre. Adudagidi mahakna urokta onshinduna hairammi, master urok nangsung yamna hei singba amani aduna nahak law tammu. Ngasigi ahing asi eigi kada lak-u, eina nangbu akhannaba para tambigani. Urok na yamna tanna mahakki professor gi kada changlammi. Mahakpusu kada changlakpaga houdongna chathoklammi. Mathang numitki ayukta houdongna laothoklammi, madudi urok law tambada yamna matik chaba maheiroi ama oibana ningthougi wayelsangda thabakki khutloinaba thakhre. Houdongna makhol onduna noktuna hairammi master kwak nahak literature tamgadabani. Ngasigi ahingsi eigi kada lak-u, eina nangbu soidana akhannaba para ama tambigani.

Hek houbadagi kwak amasung pheasant asi yamna luna tinnaba marupni amasung kwakna pheasant yaodana kadaidasu chatte haibasi kwakna uchekki sadumda karam chaokhibana kaothokkhirammi. Ahing athengbada master kwakna magi professor gi kada changba matamda pheasant na athengba ahingduda mitshel khangna thonggi mapanda ngairammi. Matamduda khanghoudana khakna mateng pangbinaba laoba tarammi. Khonjeldu tabada master pheasant yangna ka manungda changlammi amasung khudakta kari thoklabage haibadu khanglammi. Madu khangbaga mahakna tunglomdagi houdongda landarammi. Houdongna masa kanjanaba koina leibada master kwakna houdonggi matungda magi thouraba machinna thillammi. Uchek anigi lan-gi makhada khangba ngamdraduna houdongdu ugi masadagi makhada chongtharammi. Laibak thibadi houdongdu ujaodugi manakta chenba turel khongnungda karongchak yungna takhiduna ireina chenthakhiduna iraknaduna shikhirammi. ■

HE! LUCHINGBA

Cpl. Sintha
K-station

Achumbabu aranba kaya kayana
 Onthokkhre ngasidi aranbasu achumba.
 Suklaba umang-wamang kaya
 Tumna yanthattuna, oihalle ngasidi
 Mahousagi khalda akaiba,
 Ishing ichao-ikang thoklaba leibak.
 Thaba khudingmak houbani
 Adubu ngasidi meepal tangle.
 Hingbagidamak khalludabani,
 Makok-mamei onnaramle.
 Lu-tongda changkhrabagum
 Meepal tangbagi heinabina,
 Thabak subada chokthaba nairamde
 Oiraklabada ahongba fivam asigumba.
 Thouna fana chongthoklakpa kaya
 Mongfamna thallaba lambisida.
 Natheirakle ngasigi khunnaina,
 Lan natte pamliba thawai natte pammuba
 Khallu ngangsu he luchingba,
 Wari-wahei natte pamliba
 Thabaktuni ngairi ngasisu,
 Houro houro he luchingba.
 Mangda tariba Mani-mukta
 Khunba heitabra he! luchingba...

HIDU HOLLU HIHONBA

Pt. Sanahanbi
K-station

Hidu hollu hihonba
 Kangfal machet udraba
 Hithangfam lambel khangdraba
 Torban naidraba ipaksida
 Hidu hollu hihonba.
 Hanba naidraba thounana
 Yathang mapugi induna
 Iyaisida kumtharakpa
 Thouna hanfade hihonba
 Hidu hollu hihonba.
 Nongju cheina kidana
 Olangthagi meisha kaoduna
 Aram-khourangbasu khangdana
 Thammu mapuda thajaba
 Hidu hollu hihonba.
 Mapan udraba iyaini
 Asangba machutagi sangsarni
 Ipakta taoba hinaodi
 Ahoba amada iraknabani
 Hei-sing-u hihonba
 Hidu hollu hihonba.

“PIRANGLAKTA IMA MANIPUR”

Pt. Pamcha
101 M/Bn.

Ningsingbada nungaina hourakkhido,
 Matamdugi machin-manaosingdo;
 Thounana thankhido naparisingu,
 Imagi samlangbu chinglarabada;
 Meenugnshi heitaba kanana,
 Thakhibanido thawai;
 Nokmi-nokmi naparisingu.
 Langtaknaraba thamoi kayana,
 Tengtha naoinare,
 Ngasidi natambakse;
 Leikhidare machin-manaogi
 Nungsiba naparisingse.
 Nokngamdana noklido,
 Nisana thallaba hakchangga;
 Laori ningamdabagi kholao kaya;
 Ima nangna piramba,
 Ningtambagi meira paiduna.
 Meeot meeneidi leptari,
 Hennadum pirakli;
 Khangba ngamdana khangli-ne,
 Ngasigi nachasingna;
 Khangkhini eisu,
 Pirangna minok ondri-fao
 Khanglibara nangsu
 Piranglakta ima Manipur.

MY LOVE MOTHER LAND

Pt. Khuman
252 Reserve Battalion

My love mother land
 Mother of brave son's
 Mother of kindness son's
 Mother of be love son's
 We all are bellong's to you
 Our freedom our victory also.
 My love mother land
 We never forget merger agreement
 We still remember 15th october 1949
 That-why we still fight for your freedom
 That-why we still live for you
 That-why we will die for you.
 My love mother land
 This is our hope
 Oneday we will get our freedom
 Oneday we will get our victory
 And we will give you
 To your freedom & your victory.

Series Story

“Column asi ning-tambagi lanjanga ning-kha tamba pikhraba
leibaksinggi natraga Great People singgi damak thamlabani.”

EAST TIMOR

(Issue no. 7 gi makha)

Lamgi pak chaoba --14,874sq km
 Meesing -- 1,040,880
 Official language -- Portuguese/Tetum

East Timor da thokliba asida tuminna leithokpa Engamdraduna United Nations gi General Assembly na December 12, 1975 da Indonesia gi lanmeesing East Timor dagi handokkhinaba amasung Timor meeyamgi maromdom lepchanabagi hakpu ikai khumnagadabani haiba warep loukhi. Makha tarakpa oina United Nations na Timor gi matangda warep kaya mathang mathang lourak-e. Matang asida yengbada yamna pukning chingsinningai oiba wafam amana malemgi meeyamda East Timor da Indonesia gi lanmee laklibasi mafam adugi meeyamgi apambagi matung inna pangthoklibani haina utnaba hotnaba thourang ama oina May 31, 1976 ta Deli da 'People's Assembly' haiba meefam pangthoktuna East Timor na Indonesia gi saruk ama oina leibada sougatpa fongdok-e. Chahi asimakki July 17 ta East Timor bu Indonesia gi 27 suba district oire haina laothoktuna fongna leibak adubu lousinkhi; Portugal amasung United Nations nadi Indonesia gi thouwong asi yade haina fongdok-e.

Matang asida kha-nongpok Asia da pukning yamna changlamba America amasung East Timor ga naknana yumlonnabagum leiriba Australia na Indonesia amasung Timori singgi muknaba asi karamba mawongda yenglambage haibasi khangbada yamna nungaiba wafam ama oigani ning-e.

Vietnam gi wathokta malemgi meeyam mamangda ikai firup khumkhraba America di wathok asigi matangda tuminna pangsinnaduna leikhre. Ing 2001 da meeyamda fongdoklakkhiba record kharagi matung inna America na Indonesia da Timor landabada lonna mateng pang-e hairi. Yumthangnariba Australia leibaksu East Timor meeyam gi ihoubu mateng pangbibagi mahutta Timor gi samudra khongbandagi thaosing chingthoknabagi maikaida henna pukning thingjinkhibana Indonesia gi chumdaba thouwongsinggi mayokta wa nganglakkhidre.

Fertilin gi meehut singna akanba mawongda hanba leitana guerilla lallonggi lanjanga changsilladuna mayoknarabasus Indonesia gi masing yamlaba lanmeesing thengnabada awaba ama oirammi. Henna laibak thiba thoudok amana Fretilin gi luchingba Nicolau Lobato December 31, 1978 da hatkhibasina East Timor gi ningtam ihouda akanba cheitheng ama pirammi. Nicolau Labato na leikhidraba tungda Xanana Gusmao bu lup asigi luchingba oina shakkhangbaga loinana Fretilin gi lanmee sanglup Falintil (Armed Forces of National Liberation of East Timor) gi makok thongba luching purelgi thoudang yaduna leibak asigi ningtambagi ihou asi manglomda pukhatnaba hotnakhi.

Ing sok 1976 tagi 1979 faobagi manung asida East Timor gi meeyamna Indonesia leingakki makhada meeot-meeneigi awaba cheitheng kaya nangkhi. Henna safagadra haina khanbadagi matam asida nongchup thangba Timor lamdam

ga tainabada leiba East Timor gi mee-oi kayamuk leibak asigi konung oiriba Deli tamna khunda leitanaba changsinnarakkhi. Deli tamna lakkhiba mee-oi kayamuk Indonesia gi lanmee singna hattokpikhi. Mee-oi kaya amana faduna re-indoctrination camp haina khangnaba Indonesia leingakna semba keisumsang singda thajillakkhi. Chaba fangdaduna chara henba amasung laina-laichat kayana maram oiduna camp singda mee-oi lising kayamuk shikhi. Indonesia leingakna chathaba henna mathong huktaba thouwong amana meeyambu pak-sanna namduna khul honghanbagi thousil paikhatkhibaduni. Jacob Sonja na iba Crisis in East Timor kouba wareng amada fongba paodam amagi matung inna East Timor gi apunba meesinggi chada 80 gi changda khul hongbagi thabak namduna pangthok-hankhi hairi. Indonesia leingakna chathakhiba khul honghanbagi thousilna East Timor gi lejaramba khunnai amasung natki saktamda akanba cheitheng ama pikhi. Ing 1975 da East Timor gi apunba meesing 6,80,000 leirammi adubu tellaba chahi khara asigi manungda meei 200,000 gi mathakta Indonesia gi lanmee singna hatkhi. Matam asigi manung da Fretilin singbu namthanaba akanba thourang kaya paikhatkhi.

East Timor leibakpu Indonesia gi 27 suba province ama July 1976 tagi namduna oihankhre haina hanna pankhre. Wafam asi Indonesia gi matam adugi President Suharto na laothokkhibani. Masigi makha tarakpada East Timor gi senmitlon asi Indonesia gi mapal tangdrabadi hingba ngamhandanaba thabak paikhatlakkhikhi. Thourang asigi manung channa East Timor na mapal lamgi leibak amattaga sel thumgi mari leinahandanaba thousil oina East Timor gi ngamkhei lamdam pumnamak Indonesia gi lanmee singna thingjinduna thamkhi. Lalon-itik ki thabak pumnamak mee-oi khujok kharagi makhutta leihankhre. Hingbada changba potlam pumnamak Indonesia leingakki thoujal youdaba leibak aduda punsinba thingkhre. Suharto amsung mahakki lanmeegi achouba famnaiba kharana lingkhatpa Corporation singna East Timor gi mahousagi potthoksing coffee, cha-chandal amasung founa chingbagi lalon-itikki thabak pumnamak paisinduna thamkhi. Lamdam asomda Indonesia leingakna lambi thong, mahei tamfam sang amasung hospital khara semgatkhi adubu madu matam aduda Indonesia meeyamgi punsi marelada honglakliba thak aduga changdamnabadi yaba natte.

East Timor bu mapung fana laksinduna makhoigi khubamnungda tamba ngamle haina Indonesia leingakna thajabadagi ing kumja 1989 gi matungda lamdam asi mapan leibaksingga amuk mari thamnahanba hourakkhi. Thousin asigi afaba amasung fattaba wahei animak leikhi. Malemgi leibaksingna East Timor da thokliba thoudoksing amadi leibak asigi meeyamna thengnariba awa cheithengsing khangnaba hengatlakpaga iroinana awabasing kok-hannaba thourangsing paikhatnaba hourakkhi. Masigi mayek laraba khudam asi United Nations ki masha shanglup UNHCR na ing 1993 gi March tha da Indonesia leingakna East Timor da chathariba meeiobagi hak khongaonabagi yaningdabagi warep loukhibaduna mayek sengna fongdorak-e.

(Mathang makha chephongda)

KOSOVO

(Issue No. 7 gi makha)

REACTION

Kosovo bu independent oire laothokpasi Serbia(Yugoslavia) na react tou-e. Madu chatnaba yaro hairi; aduga Russian nasu madu handok-u hairi. UN gi resolution da louriba warep adusu handok-u hairi. Russia, Balgrade na Kosovo independent pu shak khangloi hairi. Aduna Serbia(Yugoslavia) dagi UN gi agent sing mei thaduna tanthorakkhre, irang kaya thokli.

FEED BACK

Kari maramgidamak US na Kosovo da pukning changlibano haibagi neining-ngai oiba maramsing lei. USA na Russia gi WARSHAW Military Pack oiramba leibaksing thugaiba pammi. Aduga NATO military alliance na mapang-gal kalhanba pammi. NATO gi luchingbasi US ni. Aduna USA ga Russia ga cold war kallingeida Russia na Yugoslavia ga communist partner allies oina chatminnei. Maramdi USSR na Yugoslavia da scientific, trade, financial, invest kayagi mateng pi, military gi matengsu pi. Aduna communist allies oirambana Yugoslavia na NATO alliance ta yao haiba yaramde. Cuba missile crises ki issue da Russia da Yugoslavia na mateng, information chaona pibana USA na Yugoslavia bu yektuna lak-e. Cuba dagi missile sing USA romda mamai onduna Russia na Cuba da missile khinjinbani. Masigi plan, military, intelligence, communication, atei kayasing mateng pi haiduna Yugoslavia amasung USA yengthinaduna leiribani.

Yugoslavia gi achengba yenglaga USA na makhogi thoudoksingda chaona khut changduna Yugoslavia bu thugaibani. Yugoslavia thugaibada USA gi CIA secret intelligence ki khut yao-e. Soviet thugaibasus yao-e. Aduna Yugoslavia mapang-gal sholhannaba gidamak USA NATO alliance na Yugoslavia bu bomb thadabani thugaibani. Yugoslavia na amuk USA gi khut chang-e haina Kosovo bu thina opani. Adubu akanbana support pibadagi maraibak fabadagi Kosovo asi independent oire. Amaromda amuk yetnaba kaya mashak khang-e khangde, laothok-e laothokte, handok-u haina kanna yetnaba, yeknaba shemnaba amuk hourakle. Yugoslavia nungshidabadagi Kosovo madao yaduna thuna independent

INTERNATIONAL

fangbani. Masi international politics ki criticize experience ni.

US na support piramdrabadi Kosovo gi independent keidounungda oiroi. Maram aduna USA na nakal amaromda chumba shanabagidamak genocide, Ethnic cleansing da based touraga NATO sijinnaraga Yugoslavia gi mathakta war toubani, bomb thadaduna Kosovo dagi Serbian military sing handok-hanbani. Aduna war crime gi maralgidamak Yugoslavia gi president bu war crime tribunal da puthokpani wayenbani dandi pibani.

NB:- USA na Kosovo gi issue di paikhatlaga Manipur gidi karigi paikhattriba, karigi Manipur gi issue ga Kosovo ga kanana henna maram chai—mathanggi Part-II da neinasi.

PART-II**MANIPUR-KOSOVO ANI ASI CHANGDAMNABA****Manipur position:**

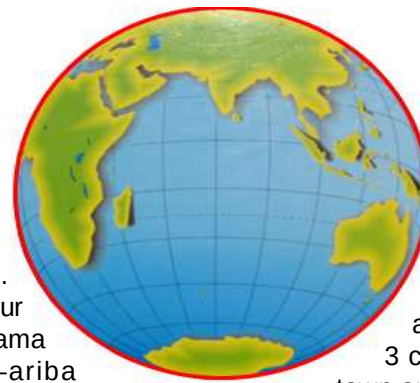
Manipur gi position amadi history thigatlubada Kosovo dagi Manipur na henna maram chai. Manipur na henna ningtamfam thok-e.

Kosovo gi hourakfamdi Nomadic migration group ethnic Albanian singni. Makhoi asi mayai chanba chahi-cha da Greek ki Roman gi lamdagi koichat chatlambadagi haijillaktuna khundasillakpa furupni. Kosovo lam asi mashagi hourakfam natte, Ethnic Albanian sing asi amuk Ottoman empire gi matamda punna leirambadagi Turkey na kuina khudum chanduna amuk leirambadagi Ottoman Empire, Turkey Empire kaitharakpadagi Balkan state shemlakpa amadi Balkan gi lalgi manungda, ethnic Albanian kangbu asi kha thangba Yugoslavia gi lam Serbia gi kha thangba sharukta haijillaktuna Kosovo province khundakhibani. Aduna Kosovo da tariba ethnic Albanian singna Kosovo khundakhibasi kuidri adubu anisuba lanjaogi matungda Yugoslavia leibak kaya Nation State form tourakpada Albanian furup tariba lam Kosovo asi Yugoslavia gi manung chankhibani.

Aduna ngarang nahanta oina shemkhiba leibak amana karigi ningtamba fanglaga eikhoina karigi fangloi; masi hangba yaba wahang oiri. Eikhoi Kosovo gi position, history oirakpa mawong khara mamangda neinakhre. Madudagi eikhogi Manipur gi wafamlomda onshillakpada eikhoidi Kosovo dagi henna maram chaba issue oiri.

Manipur di ningtamba leibak oiduna lakhraba South Asia da leibak kayana mashak khanglakhraba leibakni. Manipur da ningthou 76 lom panduna lakhraba leibakni. Kosovo shemdringeida Manipur di ningthou panba leibak ama oikhrabani. Khudamdi—ariba matamda Manipur kouba leibak ama lei haibasi China na khang-e, kha Asia gi leibaksingna khang-e, lalol itik touramba, treaty, sign kaya touramba leiri. Burma, China, Laos, Thailand, Japan na Manipur asi ningtamba leibakni khang-e. History oiba chukti tounakhiba kaya leiri. Treaty of Yandaboo, Jiri Treaty, Meitei ningthouga Pong, Ava gi mari leinaba, Cachar, mayang leibakna mashak khangba kaya leiri.

Masida nattana British kouba faoraba imperialist leibaksing faobana khangli. 1762 da Manipur gi Joy Singh ga Anglo-Manipuri Treaty tounaba, Jiri treaty tounaba, Yandaboo treaty tounaba kaya leiri. Ningtamba laothokpa—1891 Anglo-Manipuri War tounaba kaya leiri. Aduna faoraba British Queen Victoria na faoba Manipur bu ningtamba leibak amani haina mashak fajana khangbaga iroinana British royal museum, library da Manipur gi record fajana leiri. Manipuri sing asi ningkha tamba pamba amadi ning-tamna hinglakpa furupni. Malemgi leibak British, China, Japan amadi atei afaoba leibak kayana Manipur ningtam lamba leibakni haibasi fajana khangbana mapal leibaksingna Manipur da lakpa pamli; adubu Foreigner singdu changlakpada loi mapu India na namthaduna thambana makhoibu changhanba thingli amadi changhandri. Karigumba changhanba tarabadi India na touriba Militarization, Human Rights Violation, Domination asi fajana khangkhani; India mamai chopkani khangbana India na foreigner sing Manipur da changlakpa thingli. Political historical right asi yamna chumna chatli, maram chaba pot ama oiri. Ningtambagi claim toubada chopning-ngai oide. Maramdi Manipur asi hanna India gi sharuk oiramde. Manipur na ningtamba tanbadi India dagi lam faktoklaga tong-nganna leige, secessionist touge haibasus natte. ■

**MYANMAR DA CYCLONE THOKPADAGI WAR ZONE GI FIVAMDA LEIKHRE**

Yangon. May 4 da Myanmar gi state 5da akanba mawonggi category-3 cyclone shichillakhibadagi town ani sathina amang ata thok-hankhibaga loinana ashiba mee-oi asum asum hen-gatlaktuna shikhiba mee-oi 1,28,000 rom youragani haina International Aid Organization singna fongdokli. British govt. gi Department for International Development na official oidaba mashingda shikhiba nattraga mangkhibagi mashing asi 21700 ni. Myanmar state television nadi cyclone adugi manungda punna mee-oi 77,738 shikhre amasung punna 55,917 na thifam khangkhidre haiba sini.

Fivam asida military government na leibak asigi state 5da disaster area singni haina laothokkhre. Pungda kilometer 190 yangba nungshit adu houkhiba May 2 gi ayuk anganba matamdagi houna shichillakhi. Nargis haina khangnaba cyclone asina Myanmar gi maru oiba city singda amang ata thokhankhibaga loinana lambida chatlamba car, u-wa kayasu tektharakhi. Loinana atek akai nanglaba building kayagi machet makaising paithorakhi. Ithakka loinaba cyclone adugi ithak adu chaorakna foot 12 muk wangna hourakhi amasung khara nemna leiba khunggangsingda leiba yumsing humdokkhibaga loinana yumsing adugi tangkhai amaromgi changda ishing thumjinkhi. Khunggangda leiriba meeyamna chennaba mafam amatta leitabaga chap manakhi.

Cyclone na sok-hallakliba fivam asi war zone amagumle haina Yangon da base touba diplomat amana Bangkok ta leiba news agency Rueter da e-mail da tharakpa warol amana fongdorakkhre.

Thoudok asina maram oiduna khudong thiba nanglaba area singda thaknaba afaba ishing fangdabagi awaba mayoknakhi.

Official new's paper singna Yangon da piba paogi matung inna cheng yamna thokpa mafamni haina khangnaba lrawady delta manungda leiba Laput ta amasung Kyaklat haina khangnaba town ani asida supnagi building

Atenba pao**1st June 2008, Sunday**

kharatamak leihoire aduga ateina atek akai nangkhre. Mafam asida chanaba chinjak fangdabaga loinana thaknaba ishing fanglaktabadagi laina kaya



sandorakkadra haina akiba mayoknakhi. Labuta da hinghouriba mee-oi kayana amot akaina thallaba ishing thakpaga loinana changjafam thinaba hotnaba amasung medical care lounaba hotnabada khudong chadaba kaya mayoknakhi. Myanmar gi konung Yangon da leiba yum kaya amang ata thokkhre. Turel gi nakalda leiba city asigi mee-oi million mangarom awa ana mayoknare.

Cyclone asida awa ana taraba singda mateng pinanabagidamak UNgi World Food Program na acha athak, medicine na chingba tharakkhre. Loinana leibak kayadagisu matenggi potlam younarakkhre.

Handakki cyclone asi ing 1991 dagi paraga Asia gi manungda thokpa khwaidagi henna shathiraba cyclone ni. Panba yai ing 1991 da Bangladesh ta thokkhiba sathiraba cyclone da mee-oi 141,000 shikhi.

CHINA GI YUHAR HABADA SHIKHIBA MEE MASHING 12,000 HENKHXRE

Beijing. May 12 da houkhiba chahi kayamukta Chinada khwaidagi chaoba yuhar habagi thoudok oina leibak asigi kha thangba Sichuan province ta Richter scale da 7.8 faoba youna nikpada shikhiba meeshing 12,000 henkhre. Yuhar haba aduda School gi angang 900 romna building kinthabada fumjinkhre.

Chingya oina touba Sichuan Province ta thokkhiba yuhar haba asi Chinese prime minister Wen Jia Bao na kiningai oiba shathiba mashakni haina fongdokkhi. Mahakna mafam aduda chattuna asok apansing yengshinkhi. Yuhar haba asi Sichuan khaktada nattana Gangsu amasung Yunan province tasu akanba safu fangkhi.

Yuhar habagi epi centre asi Sichuan gi Wenchuan county da takhi. Hairiba mafam asidagi km. 100 romdamak thapna leiba Duijiangyan city da school building kinthabada angang 900 rom fuminkhre haina official oiba Xinhua new's agency na report toukhi.

Sichuan provine khaktada ashiba masing 12,000 henkhre. Province asigi Miyaju city da meeo 10,000 romsu atek-akai marakta fumjinduna leikhre aduga Miyangyang city dana meeo 3,629 shikhre amasung 18,645 na fumjinkhre haina Chinese state media na report toukhi. Miyangyangda building amasung lambi yamna thina kaikhre loinana ishing amasung gas supply su tatkhre.

Building kinthabada mee-oi lishing kayasu atek-akai marakta fumjinduna leikhiba maramna army amasung atei rescue worker singna matamga lamjel tannaduna ngamliba makhei mee kannaba hotnakhi. Khwaidagi fivam soklaba Sichuan province ta Chinese troop lishing kaya amasung medical team sing potthaba leitana mee kannaba hotnakhi.

Akanba yuhar habagi safu adu leibak asigi konung Beijing youkhi. Beijing amasung China gi khwaidagi chaoba commercial city oiriba Sanghai da meeyamna meepaiduna building dagi chenthorakhi. Chinada khwaidagi wangba Jinamo tower su kha-wang chingna hairakpadagi meeo pumnamak



safagadaba mafamda theidokkhi. Adubu laibak-fabadagi asi-ana nattraga atek-akaidi yaokhide hairi.

Asumna yamna kanna yuhar habagi thoudok asi Sichuan province ki Diexi city da August 25, 1933 da Richter scale 7.5 ta akanba yuhar haduna meeo 9,000 rom shikhi. July 28, 1976 China gi north eastern city da akanba yuhar habana maram oiduna mee-oi 240,000 shikhi.